

Getting The Most out of Your Limmys Swim Jacket



Giving your child the opportunity to learn to swim is a gift that will last a lifetime. Not only is it an essential life skill but it is also a great way to keep fit and healthy, and is a fun activity that all the family can enjoy together.

Gaining confidence in the water is the key to enjoyment in the pool. Limmys swim vest is designed to help your child gain confidence in the water at their own pace. Our adjustable floatation system gives you peace of mind while they learn to swim and enjoy splashing about.

What are the main benefits of Limmys Swim Vest?

However old your child is, they want to feel safe and secure when in the water. That's what makes our swim jackets perfect for introducing the wearer to the joys of swimming and having fun in the pool or seaside.

Made from neoprene fabric, which provides warmth, comfort and a feeling of security, while the bright colours provides high visibility for parents or guardians.

Our proven adjustable buoyancy system enables wearers to gain confidence in the water at their own pace. When your child is ready to move on to the next level, you can remove each of the floats so that they rely less on the buoyancy aids, until before they know it they are swimming all by themselves!

We have gone the extra mile to make your swim vest as safe as possible. We added an extra strong zip with a safety flap. We have also added a crotch strap which prevents the vest from coming up over your little one's head. This little touch adds not just safety but also comfort.

Parents also love the bright and visible colours of the vest, because it means that they can keep an eye on their little ones more easily, both at the beach or the swimming pool.

What makes Limmys Swim Vest different?

We pride ourselves on designing and manufacturing swim vests of the highest quality. Our swim vest is durable, comfortable, easy to use and designed with attention to detail. It was designed for both safety and comfort in the water.

It is made from high-grade soft neoprene and has a soft Lycra float chamber lining so that it feels soft next to the skin, helping wearers to stay warmer for longer in the water compared with similar products. The elasticity of the Lycra also allows for easy removal of the floats and helps it to retain its shape. The neoprene and nylon laminate that covers it are specifically chosen, both for their flexibility and durability as well as their chlorine-resistant properties. This is obviously essential for a product that will be used mainly in chlorinated water.

It is a swim vest that incorporates eight hidden internal float pockets, which positions the buoyancy around the wearer's torso and, most importantly, below the water line. This provides the stability to give the wearer confidence and freedom in the water, whilst crucially allowing their arms to remain free and unencumbered, helping them to learn and practise swimming strokes.

As the wearer's ability progresses, the floats of our flagship buoyancy swimming aid can be removed in pairs to reduce the buoyancy and encourage further development, making Limmys Swim Jacket fully adjustable for your child's swimming skill level.



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Other design features includes a premium quality zip made to prevent rubbing against the skin and suit, plus an external velcro to stop little fingers fiddling. The high neck maximises thermal and sun protection, while the wide shoulders ensure a more secure fit. It complies with the latest EU rules on safety.

When fitted correctly, the Limmys Swim Vest fits perfectly in place and does not ride up under the wearer's chin, thereby holding the child in the correct position to aid swimming.

Is Limmys Swim Vest a life jacket?

No, this vest is not a life vest, but a learning-to-swim vest. This means that it provides buoyancy to keep the wearer on the surface but does require some input from him/her, such as leg or arm movements. For use under constant adult supervision.

How do I remove or use the 8-float system?

The Limmys Swim vest comes with an 8 - float system. To let your child learn buoyancy, you may want to consider removing the floats but only in pairs. This will ensure that the jacket is balanced and will help keep your child afloat properly.

Once your child is comfortable with the Swim Vest, and when you feel that he/she is ready to learn buoyancy more him/herself, you may start by removing the pairs left-A with right-A. Always remove in pairs.

Open up the swim vest and you'll see 8 floats on the inside of the vest. To remove the left-A and right-A floats, open the outlet at the bottom of the left-A float. Remove the white foam. Do the same for the right float. Now, let your child wear the vest without the A-pair floats and make sure that he/she still can wear it snug fitting, and that the vest does not "slide" to his/her neck i.e. floats up, when in water. This will ensure that your little one is wearing the vest correctly and that it can still "carry" his/her weight in water. Please understand that with lesser floats, your child may sit lower in the water. So please be within arms' length from him/her.

If the swim vest becomes too loose to wear without the floats, you may have to put the floats back. Else the swim vest cannot function correctly.



Once your child gets used to the buoyancy without the A-pair floats, then you may want to remove another pair which is the left-B with right-B. For their safety, we currently do not recommend removing more than two pairs of floats as your child is still learning to swim. But just for your info after removing the As and Bs, if you would like to remove more floats, take the left-C with right-C out and lastly left-D and right-D.

To summarize:

left-A and right-A,
then left-B and right-B, (we do not recommend removing more than 2 pairs)
followed by left-C and right-C
and left-D and right-D in this order.

Once all the floats are removed, The swim vest can function as a bodywarmer while your little one swims in water. Remember to keep the floats so that you may be able to hand down the swim vest once your child outgrows theirs.

Please note that each child learns buoyancy differently, so exercise caution when removing the floats. Make sure that your little ones are comfortable and aware that a pair or two of floats has been removed and they may sit lower in the water – until they learn to buoyant more themselves. For their safety, parents or guardians must always be less than an arms' length away from them at all times.

We always advocate swim safety, so please ensure you are not more than an arm's length away when your child is using Limmys swim vest in the water.

Safety tips for using swim vest

Below are some top tips for increasing safety levels when using a swim vest:

- Ensure the swim vest fits correctly, this will prevent the vest from riding up and covering your child's chin and will provide optimum buoyancy. Use Limmys size checker to enter your child's chest and waist circumference or weight for the perfect fit.
- Check the swim vest has a secure safety strap across the top of the zip to help prevent children from undoing the zip and slipping out of the vest.
- Choose a vest made from soft neoprene fabric as this will not only provide extra warmth in cooler water but also prevents chafing as the material is so soft.
- Look for swim vests with added sun protection.
- Always supervise children when in or near water. Swim vests and other buoyancy aids are not safety devices and should not be used in place of constant adult supervision.

Product size guides

When it comes to buying swim vest for children, getting the right size product is critical – too small and the product will be uncomfortable, restrictive or even possibly unsafe; too large and the product will likely slip off and offer none of the benefits for which it was intended.

In order to help you ascertain which size product you should buy for your little one or yourself, we have produced a number of size guides offering guidelines as to the recommended size of product to be bought based on characteristics such as weight, chest size, years.

Most of our size guides are named according to age groups (for example, "4 to 5 years" or "18 months to 3 years") or sizes S, M, L. However, **it is important to remember that all children grow at different rates, so these age groups are merely guidelines.** What is more important to look at are the individual measurements listed in tandem with the age groups, such as chest size and weight. This will give you a much better idea as to what size to purchase.

Please note: All measurements are approximate and will depend on the size and water confidence of your individual child.



Limmys vest *Size Guide*

Size	Age	Weight	Chest Size
S	1-3 years	up to 16 kg	54 cm
M	3-7 years	up to 27 kg	62 cm
L	7-10 years	up to 40 kg	70 cm

How to take care of neoprene Swim vest?

Remember salt, sun and chlorine can all degrade fabrics no matter how robust they are. It is important to look after the float jackets and float suits by simply rinsing thoroughly in cold water and then leaving to dry, out of direct sunlight. Your product is also great for protecting against sand burn and helping to keep warm on windy beaches, but remember sand in zips can cause them to break so make sure you shake out your jacket at the end of the day.

Never put the swim jacket in a washing machine as the detergent and hot water can quickly damage and degrade the neoprene, the suit can be washed on a warm setting but do not add fabric softener as again this can damage the UPF50+ coating.

The Limmys swim vest should be washed in cold clean water and hung to dry in the shade. Do not tumble dry and do not iron. If the jacket is used in the swimming pool or sea, chlorine and seawater can have a bleaching effect on the colours and damage Lycra threads, so to avoid degradation please rinse out in clean water as soon as possible. Please do not leave in a warm or hot car without rinsing first, as this can increase the chance of chlorine damage.

We hope you and your kids enjoy our product as much as we do and don't forget that we are always here to help so any questions just drop us a line at info@limmyskids.com

Happy swimming!

Thank you
Limmys team



Limmys